

Time rec'd by lab: _____

PATIENT INSTRUCTIONS FOR SEMEN ANALYSIS COLLECTION

Your doctor has ordered a semen test for one of the following reasons: **Infertility Studies** or a **Post-Vasectomy Test**.

Policy:

- The following information should be recorded on the label. Your full name, date of birth and time of collection.
- Masturbation is the only acceptable sample. No other forms of sample collection are acceptable.
 - Latex and lubricants are toxic to sperm
- **Post-Vasectomy**
 - A post-vasectomy specimen should be collected at least 16 weeks after the procedure. An additional collection should be obtained in cases where the first screening fails. Additional collections need to be repeated until the sample passes the criteria for success.
 - A minimum of 24 ejaculations should be accomplished before the first specimen is submitted.

Collection of the sample:

1. Sample should be collected after a minimum of 2 days and a maximum of 7 days of sexual abstinence. If additional samples are required, then the number of days of sexual abstinence should be as consistent as possible at each visit.
2. Wash your hands and genitals with soap and water. Please ensure complete removal of all soap residues and dry thoroughly.
3. Collect sample by masturbation into the plastic container supplied and return it to the laboratory at 850 W. Baraga Ave. within 10 minutes after ejaculation. Keep specimen at body temperature while in transport.
 - **The preferred location is the laboratory.** (provides the most accurate results)
 - Collect the entire sample into the container. Take note if any sample was lost and document on the specimen label.
4. Register at patient access. Bring the physician's order and sample if it was collected at a location other than the lab.
5. At the lab, you will be provided a short form to fill out that must go with the sample that is being tested.

To be completed by patient

Name: _____ Birthdate: _____

Date of collection: _____ Time: _____

- | | | |
|---|-------|----|
| 1. Was the specimen collected by masturbation? | Yes | No |
| 2. Was a condom used for collection? | Yes | No |
| 3. Was the entire specimen collected? | Yes | No |
| 4. Number of days abstained from sex before collection. | _____ | |

Additional for post vasectomy samples

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|---|-----|----|
| 5. Was the minimum of 24 ejaculations met before this sample was collected? | Yes | No |
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